

# Healthy Food Drive DONATIONS



**ISLAND  
HARVEST**<sup>®</sup>  
MEMBER OF  
**FEEDING  
AMERICA**

**Nourishing Long Island's Future**

## Non-Perishable Goods\*:

Canned Beans/Dried Beans  
Peanut Butter or Other Nut Butters  
Canned Fruit in Natural Juice (Not in syrup)  
Canned Vegetables (Low-sodium)  
Low-Sodium Soups  
Canned Tuna/Chicken/Salmon  
Brown Rice or Quinoa  
Nuts/Seeds/Dried Fruits  
Shelf Stable Milk and Milk Substitutes  
Whole Grain Pasta  
Low-Sodium Pasta Sauce/Tomatoes  
Popcorn Kernels (Not microwave popcorn)  
Whole Grain, Low-Sugar Dry Cereal or Oatmeal  
Olive or Canola Oil

## Toiletries & Personal Hygiene:

Toothpaste /Toothbrush  
Soaps/Body Washes  
Deodorant  
Shampoo/Conditioner  
Disposable Razors/Shaving Cream  
Feminine items

## Baby Essentials:

Baby Formulas (Unopened/Not Expired)  
Diapers/Diaper Rash Ointment  
Baby Wash

## Household & Pet Supplies:

Laundry Detergent/Dish Detergent  
Cleaning Sprays or Wipes  
Toilet Paper/Paper Towels  
Pet Food - Wet and Dry

*Imagine the joy of a child who gets to eat a wholesome meal because of your generosity.*

***Together, we CAN make a real difference in our work to end food insecurity.***

**Scan code below to contribute!  
Every \$1 supports 2 meals**



*\*Pop-top cans and individual serving containers preferred.*

Innovative Programs & Services | Short-Term Case Management | Outreach & Advocacy Initiatives | Healthy Harvest Farm & Greenhouse  
Workforce Skills Development Institute | Nutrition Pathways Program | Efficient Food Collection and Distribution

Melville | Uniondale | Brentwood | Calverton | 516-294-8528 | 631-873-4775 | [www.islandharvest.org](http://www.islandharvest.org)